

CLUB DE SPORT STATION NORD



PLANNING COURS NATION 45 MIN / COURS

	lundi	mardi	mercredi	jeudi	vendredi	samedi
9h30	PILATES	PILATES	PILATES	PILATES	PILATES	PILATES
12H30	PILATES	PILATES SUR CHAISE	PILATES	PILATES	PILATES	
17H30	SCULPT	PILATES	PILATES	YOGA VINYASA	PILATES	
18H30	PILATES	WALL	SCULPT	POWER YOGA		
19H30	PILATES		PILATES			