

CLUB DE SPORT STATION NORD



PLANNING COURS CLEMENCEAU 45 MIN / COURS

	lundi	mardi	mercredi	jeudi	vendredi	samedi
10h30		BODY PILATES				
11h00						
12h30		SCULPT	BODY SCULPT	BODY SCULPT	SCULPT	
17h30	BODY PILATES		BODY PILATES		BODY PILATES	
18h30	BODY SCULPT	YOGA DOUX		YOGA DYNAMIQUE	SCULPT	
19h30		BODY SCULPT				