

CLUB DE SPORT STATION NORD

PLANNING DIJON REPUBLIQUE

45 MIN/COURS

	Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
9H00	PILATES	PILATES 9h30	PILATES	PILATES 9h30	PILATES 9h30	PILATES
10H	PILATES		PILATES	PILATES 10h30		PILATES
11H	PILATES					PILATES
12H30	PILATES	YOGA DANSE SCULPT	PILATES	PILATES	PILATES	
15H	PILATES					
17H30	PILATES	PILATES	PILATES	PILATES	PILATES 17h15	
18H30	PILATES	PILATES	SCULPT	PILATES	ULTIMATE 18H15	
19H30	ULTIMATE	YOGA	PILATES	PILATES		