

CLUB DE SPORT STATION NORD

PLANNING DIJON REPUBLIQUE

45 MIN/COURS

	Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
9H00	PILATES		PILATES			PILATES
9H30		PILATES			WAVE	
10H00	PILATES		PILATES	PILATES		PILATES
10H30					PILATES	
11H00	PILATES					PILATES
12H30	PILATES	SCULPT	PILATES	PILATES	PILATES	
15H00	PILATES					
17H15					PILATES	
17H30	PILATES	PILATES	PILATES	PILATES		
18H15					YOGA	
18H30	PILATES	PILATES	SCULPT	PILATES		
19H30	ULTIMATE	YOGA	PILATES	PILATES		

