

# STATION NORD

## PILATES CLUB



## PLANNING COURS NATION

|              | LUNDI          | MARDI          | MERCREDI       | JEUDI          | VENDREDI       | SAMEDI         |
|--------------|----------------|----------------|----------------|----------------|----------------|----------------|
| <b>9H30</b>  | <u>PILATES</u> |                |                | <u>PILATES</u> | <u>PILATES</u> |                |
| <b>10H00</b> |                |                |                |                |                | <u>PILATES</u> |
| <b>12H30</b> |                | <u>PILATES</u> | <u>PILATES</u> | <u>PILATES</u> | <u>PILATES</u> |                |
| <b>17H40</b> | <u>PILATES</u> | <u>PILATES</u> |                | <u>PILATES</u> |                |                |
| <b>18H35</b> |                | <u>PILATES</u> |                | <u>PILATES</u> |                |                |
| <b>19h00</b> |                |                |                |                | <u>PILATES</u> |                |